



Overnight Camp Packing List

A well prepared camper is a happy camper. Make sure your child has everything they need to have a safe and enjoyable trip. Remember to label all your child's belongings before packing them. Check out Oliver's Labels Camp Package for all the labels you'll need to make sure your child's stuff comes back home again!

Clothes (for a 7 day trip)

- Jacket/Raincoat/Poncho
- 1-2 Baseball Caps
- 1 Sweatshirt/Warm Sweater
- 1 Long Sleeved Shirt
- 4 Short Sleeved Shirts
- 4 Pairs of Shorts
- 1-2 Bathing Suits
- 2 Sets of Pajamas
- 7 Pairs of Underwear & Under Garments
- 9 Pairs of Socks
- 1 Pairs of Sneakers
- 1 Pair of Sandals or Crocs

Other Items

- Sunglasses
- Glasses/Contact Lenses
- Refillable Water Bottle
- Laundry Bag
- Backpack (to carry items around camp)

Toiletries

- Toothbrush & Toothpaste
- Shampoo/Conditioner
- Soap/Body Wash
- Deodorant
- Hair Bands/Elastics/Barrettes
- Inhalers/Prescription Medication
- Contact Lens Case/Solution
- Sunscreen/SPF Lip Balm
- Bug Repellent

Activities

- Baseball Glove/Ball
- Bathing Suit & Towel
- Flashlight & Batteries
- Sleeping Bag
- Goggles/Snorkel
- Disposable Camera
- Stationary Kit (incl. addressed & stamped envelopes)
- Books & Magazines
- Playing Cards/Other Games

Points to keep in mind:

- Avoid packing any valuable items including cell phones, video games, iPods or jewellery.
- Kids love to get dirty at camp. Avoid packing new or expensive clothing if possible.
- Contact your child's camp if you have any questions about any of these items or any other items you may be considering sending along with your child.
- Make sure your child's camp & camp counselors are aware of all your child's important allergies. Consider using Oliver's Labels in any of our Allergy Designs to label your child's food containers, back packs, or even on their person with Oliver's Labels Safety Wristbands.